

SOLO ACTS:

A SOLO AGING SYMPOSIUM & THEATRICAL PERFORMANCE

RESOURCE TABLE HOSTS

JASON PAGE, JEANETTE MATTHEWS,
PHYLLIS HERZIG

PANELISTS

CONGRESSWOMAN DEBBIE DINGELL, STATE
REPRESENTATIVE JASON MORGAN, COUNTY
COMMISSIONER JUSTIN HODGE, CHRISTOPHER
LEMON, GWENDOLYN COPELAND, HANANIAH
WIGGINS

BREAKOUT FACILITATORS

SHARON CRAMER PH.D; AMY
SCHLECHT PACHERA, DESIREE
HERRICK, REBECCA YACIUK

PRODUCTION & SYMPOSIUM COORDINATION:

DECKY ALEXANDER, TYLER CALHOUN,
OLIVIA ALLEN, SAMANTHA CARTER,
LAMAR MITCHELL, MEAGAN RAUPP

SOLO ACTS ARTISTIC & RESEARCH TEAM:

- JESSICA 'DECKY' ALEXANDER, PROFESSOR
APPLIED DRAMA/THEATRE, EASTERN MICHIGAN
UNIVERSITY
- TYLER CALHOUN, MA
- HANANIAH WIGGINS, MA
- ABBIE LAWRENCE-JACOBSON, PH.D
- SHARON CRAMER, PH.D - BUFFALO STATE
DISTINGUISHED SERVICE PROFESSOR EMERITA
- ERIC 'E-ROCK' MINNI & BRANDON OBENOUR -
ANIMATIONS AND PROJECTIONS

SYMPOSIUM SCHEDULE

- **10 - 10:45 am: Welcome!**
 - Check-In, Resource Tables in foyer, & refreshments in multipurpose room
- **10:45 - 11 am: Stories from Local Solos**
Pre-Show Program
 - Stories from local solo agers cultivated from workshops hosted by Limelight, LLC.
- **11 - 11:45 am: Solo Acts: A Theatrical Compilation on Solo Aging presented by Limelight, LLC.**
 - Performed in multipurpose room
- **11:45 am - 12:30 pm: A Community Conversation on Solo Aging in Ann Arbor**
 - Panel discussion featuring policymakers, solo agers, and artists from the show
- **12:30 - 1 pm: Lunch**
 - Multipurpose room
- **1 - 2 pm: Further Learning Sessions (30 minutes each)**
 - What's Next? Reinventing the Solo Life
 - (1 pm multipurpose room / 1:30 pm Free room)
 - Living In & Getting Around Ann Arbor Q&A
 - (1 pm Free room / 1:30 pm multipurpose room)

THANK YOU

THE SOLO ACTS SYMPOSIUM WOULD NOT BE POSSIBLE WITHOUT GENEROUS SUPPORT FROM THE ANN ARBOR AREA COMMUNITY FOUNDATION CREATIVE WASHTENAW, ANN ARBOR DISTRICT LIBRARY (DOWNTOWN), FEONIX - MOBILITY RISING, SWEETWATERS COFFEE & TEA, & THE CITY OF ANN ARBOR. THE SOLO ACTS SYMPOSIUM IS ALSO MADE POSSIBLE THANKS TO OUR PLANNING PARTNERS FROM THE ANN ARBOR AREA COMMUNITY FOUNDATION, U-M HOUSING BUREAU FOR SENIORS, CENTER FOR HEALTH & RESEARCH TRANSFORMATION, COMMISSION ON AGING, JEWISH FAMILY SERVICES, ENGAGE@EMU, AND THE ANN ARBOR SENIOR CENTER. SPECIAL THANKS TO OUR TABLE HOSTS, PANELISTS, FACILITATORS, COORDINATION TEAM, AND MOST IMPORTANTLY, YOU - THANK YOU!

SYMPOSIUM FEEDBACK SURVEY

SCAN ME



Ann Arbor Area
Community Foundation

For good. For ever. For all.

Creative Washtenaw
arts+creative industries=impact

generations
united



feonix
MOBILITY RISING

SWEETWATERS.
COFFEE & TEA



SOLO ACTS:

A THEATRICAL COMPILATION
ON SOLO AGING

WHAT IS SOLO ACTS?

A THEATRE INSPIRED PROJECT THAT STRIVES TO RAISE AWARENESS, CHALLENGE PREVAILING IDEAS, ADVOCATE AND AFFIRM THE COMPLEX REALITIES OF THOSE THAT AGE SOLO. SOLO ACTS WAS BASED ON INTERVIEWS AND CONVERSATIONS WITH SOLO AGERS IN NEW YORK AND MICHIGAN.

WHO ARE SOLO AGERS?

FOR THE PURPOSES OF THIS PROJECT, WE PRIMARILY DEFINED SOLO AGERS AS ANYONE AGED 65 OR ABOVE WHO IS LIVING ALONE WITH NO PAID CAREGIVING ASSISTANCE, AND MINIMAL FAMILY/CAREGIVER SUPPORT LIVING WITHIN A FIVE HOUR DRIVE. HOWEVER, SINCE THE INITIAL WORK OUR DEFINITION HAS EXPANDED TO INCLUDE THOSE AGING YOUNGER THAN 65 AND THOSE CARING FOR THOSE WITH MEMORY LOSS.

ORDER OF SCENES

PART ONE: Who. What. Where.

- Opening: The Who & The What
- Solotude
- Interlude: In Case of an Emergency
- Out Here on My Own

PART TWO: Playing Life

- Kaleidoscope
- Building Me a Home
- Interlude: Uphill

PART THREE: Isolation & Independence

- Tree of Life
- Interlude: Mis/Treated
- Closing: Moving on Up: Dreams & Goals of Solo Agers

SOLO ACTS MONOGRAPH



CREATED BY SHARON CRAMER, PH.D.
THE MONOGRAPH LAYS OUT SOLO ACTS' KEY
THEMES, RESOURCES TO EXPAND ONE'S
UNDERSTANDING OF SOLO AGERS AND
RESOURCES AND RESEARCH TO ASSIST THOSE
AGING ALONE.

PERFORMERS: TAYLER JONES, HANANIAH WIGGINS, MARY LARKIN,
JONATHAN JONES, ADRIENNE WALLING & SHARON CRAMER

CO-DIRECTED & CONCEPTUALIZED BY: DECKY ALEXANDER, HANANIAH WIGGINS &
TYLER CALHOUN

INTERVIEWERS & TRANSCRIBERS: AMBER HORWITZ, JONATHAN JONES, TAYLER JONES,
CATHERINE COFFEY-BURNS, TYLER CALHOUN,
HANANIAH WIGGINS



Learn more at www.limelightlive.org