

FOR IMMEDIATE RELEASE

CONTACT: Decky Alexander | info@limelightlive.org | https://www.limelightlive.org

LIMELIGHT LLC. HOSTS SYMPOSIUM TO ADDRESS AGING SOLO IN ANN ARBOR Attend Solo Acts: A Solo Aging Symposium & Theatrical Performance for free at the Ann Arbor District Library on Friday, May 10 from 10 AM - 2 PM

The artists of Limelight, LLC. debut the uniquely essential event, <u>Solo Acts: A Solo Aging Symposium & Theatrical</u> Performance on Friday, May 10th at the Ann Arbor District Library (Downtown). This three-part symposium will feature stories from solo agers in Ann Arbor; a performance of <u>Solo Acts: A Theatrical Compilation on Solo Aging</u> with post-show conversation; and breakout sessions where attendees can learn about local resources and planning strategies for an enriching solo aging experience. <u>The Solo Acts Symposium</u> is made possible thanks to the generous support of <u>Creative</u> <u>Washtenaw</u>, the <u>City of Ann Arbor</u> and the <u>Ann Arbor Area Community Foundation</u>.

According to an <u>AARP</u> survey published in 2021, "about 77% of solo agers report they've done little or no planning for living assistance as they get older. However, according to the Department of Health and Human Services, about 70% of people over 65 will need long-term care at some point in their lives." The <u>Solo Acts Symposium</u> invites solo agers, policymakers, caregivers, advocates, and artists to convene for an event that affirms the experience of Ann Arbor's solo agers and initiates dialogue about aging solo in our community by highlighting available resources and existing gaps.

The day begins with representatives from service organizations available for attendees to meet and a pre-show program featuring stories from solo agers in Ann Arbor. Limelight, LLC.'s performance of <u>Solo Acts: A Theatrical Compilation on</u> <u>Solo Aging</u> will follow with a post show panel including artists from the show, solo agers, and policymakers. The day ends with lunch and breakout sessions focused on housing and transportation, and healthy aging through friendships and activity. Representatives from local organizations will facilitate these breakout sessions.

The <u>Solo Acts Symposium</u> is a direct response to Limelight's debut run of <u>Solo Acts: A Theatrical Compilation on Solo</u> <u>Aging</u> in Detroit, MI and Buffalo, NY during 2022. This marks the first time that <u>Solo Acts</u> will perform in Ann Arbor. While the performance features interviews with more than 20 solo agers from Southeast, MI and Western, NY, this new version of the piece is informed by the hundreds of solo agers and healthy aging advocates who have seen and responded to it.

<u>Solo Acts: A Solo Aging Symposium & Theatrical Performance</u> will be held from 10 AM - 2 PM on Friday, May 10th at the Ann Arbor District Library, 343 South Fifth Ave., Ann Arbor, MI 48104. This event is free, open to the public, lunch will be provided and registration is encouraged. To register for <u>Solo Acts</u> visit: <u>https://www.limelightlive.org/solo-aging-symposium</u> No-cost transportation is available in partnership with Feonix - Mobility Rising. Call 734.259.4125 to book your ride today, please reserve your ride by Monday, May 6th. Parking validations available for Library Lane, 319 S Fifth Ave.

<u>Limelight, LLC.</u>, is a consulting company that creates and uses theatre as a story-telling, community-building, and problem-solving tool. <u>Solo Acts</u> features Adrienne Walling, Hananiah Wiggins, Jonathan Jones, Tayler Jones, Mary Larkin, and Sharon Cramer. <u>Solo Acts</u> is co-directed by Jessica 'Decky' Alexander, Professor at EMU and Tyler Calhoun with production coordination by Olivia Allen. For more information, please visit <u>https://www.limelightlive.org</u>.











Ann Arbor Area Community Foundation For good. For ever. For all.



Solo Acts Symposium Fact Sheet

Title: Solo Acts: A Solo Aging Symposium & Theatrical Performance Presented by: Limelight, LLC. CONTACT: Decky Alexander | info@limelightlive.org | https://www.limelightlive.org

Project supported by: Ann Arbor Area Community Foundation, Creative Washtenaw, The Ann Arbor District Library (Downtown), Feonix - Mobility Rising, and the City of Ann Arbor

Schedule:Friday, May 10th / 10 am - 2 pm EST10 am - Welcome / Resource Meet & Greet11 am - Solo Acts Performance & Post-Show Panel12:30 pm - First Breakout Session1:15 pm - Second Breakout Session

Location: Ann Arbor District Library (Downtown) 343 South Fifth Ave., Ann Arbor, MI 48104

 Registration:
 This event is free, but registration is highly encouraged.

 Click here
 to register using our form.

 Register by Email:
 Decky@limelightlive.org

 Click here
 to register on our website and to learn more.

Transportation: No-cost transportation is available in partnership with Feonix - Mobility Rising. Call 734.259.4125 to book your ride. Please reserve your ride by Monday, May 6th. Parking validations available for Library Lane, 319 S Fifth Ave.

The Solo Acts Symposium would not be possible without generous support from the Ann Arbor Area Community Foundation and Creative Washtenaw, along with partnership from the Ann Arbor District Library (Downtown), Feonix -Mobility Rising and the City of Ann Arbor. The Solo Acts Symposium is also made possible thanks to the expertise of our planning partners from the Ann Arbor Area Community Foundation, UM Housing Bureau for Seniors, Center for Health & Research Transformation, Commission on Aging, Jewish Family Services, and the Ann Arbor Senior Center.

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